

# ***Healing Touch Informed Consent***

Tanya M. Brown, Level 3 Certified

My Healing Touch practitioner has discussed the following with me and I understand that:

- Healing Touch is a light, gentle, energetic touch on or near the body. I will be fully clothed or draped appropriately if used during therapeutic massage or medical procedures, and will lie comfortably upon a massage table or recline in a chair. Gentle touch assists in balancing my physical, mental, emotional and spiritual well-being, supporting my natural ability to heal.
- Research suggests that there are many possible benefits to receiving Healing Touch, including reducing stress, calming anxiety, decreasing pain, creating a sense of well-being, strengthening the immune system, and enhancing recovery from surgery, deepening a spiritual connection, and more. Individual experiences will vary.
- Healing Touch supports medical care and is not intended to replace appropriate medical intervention or therapy.
- My Healing Touch Practitioner recommends that I be under the care of a qualified medical provider for any health problems and that I inform them that I am receiving Healing Touch.
- My Healing Touch Practitioner will operate within their scope of practice. (This varies according to their health care licensure: e.g. Registered Nurse, Counselor, Massage Therapist or Medical Doctor.)
- My Healing Touch Practitioner will conduct his/her practice according to accepted standards and ethics as approved by Healing Touch International.
- My Healing Touch Practitioner has made no specific claims regarding results that I may receive from Healing Touch sessions.
- I have been given an opportunity to clarify any questions I may have about Healing Touch.

I give my consent to receive Healing Touch.

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Printed Name

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Date

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Signature